



BOTANICAL BLENDS & BALANCE GRIEF SUPPORT GROUP

Led by Michelle D. Montgomery, B.A., I.A.C.,
RYT, Principal of Botanical Blends and Balance,
a holistic aromatherapy and wellness practice in
Southern California.



• APRIL 11

• APRIL 18

• APRIL 25

• JUNE 6

• MAY 9

• MAY 23

• MAY 16

• MAY 30

9:30 AM - 11:00 AM

EVENT DETAILS

This 8-week support group will offer a supportive community to people navigating their grief and provide restorative aromatherapy and guided imagery. We will explore ways to honor our grief journey and learn about self care. Group is limited to 8 persons. Please email Meagan Jolliff at Meagan@Socalhospicefoundation.org to join. First come, first serve!

HEAVENLY HOME

(IN THE GARDEN)

24552 MOSQUERO LANE

MISSION VIEJO, CA 92691

